

MIAC announces 2018 Women's Outdoor Track and Field awards

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BLOOMINGTON, Minn. – The Minnesota Intercollegiate Athletic Conference (MIAC) wrapped up its 2018 Outdoor Track and Field season last weekend and put the finishing touches on another tremendous season with the announcement of its annual Women's Outdoor Track and Field awards on Thursday.

St. Thomas senior **Katie Murray** was named Outstanding Track Athlete and earned Outstanding Performance of the Meet honors, while Concordia senior **Bailey Hovland** received Outstanding Field Athlete recognition. Carleton coach **Donna Ricks** was honored by her peers with the Coach of the Year award.

Murray (Sr. | Edina, Minn.) broke MIAC records in two of her three victories at the Conference championships, posting a 12.11 time in the 100-meter dash and clocking in at 24.74 to win the 200-meter. The latter race earned her Outstanding Performance of the Meet honors, while both times rank among the top-16 in the nation this season. Murray also anchored the Tommies' first-place 4x100-meter relay team.

Hovland (Sr. | Willmar, Minn.) defended her MIAC crown in the hammer throw by setting a new Conference record of 173-07 to claim first-place in the event for the second year in a row. Hovland also earned All-Conference honors with a second-place finish in the discus and finished with honorable mention accolades in the shot put.

Ricks received MIAC Coach of the Year honors for the second time this academic year, having previously earned the award for her work with the Knights' women's cross country team. Carleton scored 103 points to finish in second-place at the 2018 MIAC Outdoor Championships. Ricks coached eight All-Conference finishers - including four individual MIAC champions - as well as one relay championship team.

In addition to the top individual award-winners, the MIAC recognized the 2018 Women's Outdoor Track and Field All-MIAC Sportsmanship team. Also listed below are the 2018 MIAC Women's Outdoor Track and Field All-Conference individuals and relay teams. The top three finishers in each individual event and each first-place relay team received All-MIAC honors. Individuals that finished 4-6 and relay teams that finished 2-6 received All-Conference Honorable Mention honors and can be found in the [final results](#).



2018 MIAC WOMEN'S OUTDOOR TRACK AND FIELD AWARDS

Outstanding Track Athlete: Katie Murray | St. Thomas (Sr. | Edina, Minn.)

Outstanding Field Athlete: Bailey Hovland | Concordia (Sr. | Willmar, Minn.)

Outstanding Performance of the Meet: Katie Murray | St. Thomas | 200-Meter Dash (Sr. | Edina, Minn.)

Coach of the Year: Donna Ricks | Carleton (25th Season)

2018 MIAC Women's Outdoor Track and Field All-Conference Team

Heptathlon

Place	Name	Institution	Class	Score
1.	Megan Sundstrom	Saint Benedict	Sr.	4,586
2.	Laura Eischens	St. Thomas	Sr.	4,433
3.	Mackenzie Schoustra	St. Olaf	So.	4,064

Javelin

Place	Name	Institution	Class	Distance
1.	Laura Eischens	St. Thomas	Sr.	40.80m
2.	Marisa Morgan	Gustavus	Sr.	40.17m
3.	Jessica Bentley	St. Olaf	Sr.	39.13m

Shot Put

Place	Name	Institution	Class	Distance
1.	Savanna Keiser	Hamline	So.	12.47m
2.	Haley Anderson	Saint Benedict	Jr.	12.42m
3.	Jessie Juenemann	Hamline	So.	12.31m

Discus

Place	Name	Institution	Class	Distance
1.	Jessie Juenemann	Hamline	So.	43.56m
2.	Bailey Hovland	Concordia	Sr.	40.62m
3.	Jessica Bentley	St. Olaf	Sr.	39.92m

100-Meter Dash

Place	Name	Institution	Class	Time
1.	Katie Murray	St. Thomas	Sr.	12.11
2.	McKayla Stowell	Gustavus	Jr.	12.28
3.	Jada Lewis	Augsburg	Fr.	12.33

200-Meter Dash

Place	Name	Institution	Class	Time
1.	Katie Murray	St. Thomas	Sr.	24.72
2.	Hannah Sonsalla	Macalester	Sr.	25.06
3.	Sidney Holder	Carleton	Fy.	25.19

400-Meter Dash

Place	Name	Institution	Class	Time
1.	Delia Labatt	Bethel	So.	56.25
2.	Abby Stets	St. Olaf	Sr.	56.66
3.	Hannah Sankey	Bethel	Fy.	56.84

800-Meter Run

Place	Name	Institution	Class	Time
1.	Phoebe Aguiar	Macalester	Jr.	2:12.46
2.	Hannah Helstad	St. Thomas	Sr.	2:14.59
3.	Jordan Lutz	St. Olaf	Sr.	2:16.02

Hammer					1,500-Meter Run				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Time
1.	Bailey Hovland	Concordia	Sr.	52.90m	1.	Ali Glassbrenner	St. Thomas	Sr.	4:34.16
2.	Kiana Verdugo	Hamline	Sr.	49.47m	2.	Jordan Lutz	St. Olaf	Sr.	4:37.49
3.	Katie Keelin	Gustavus	So.	46.85m	3.	Carmen Garson-Shumway	Macalester	Jr.	4:42.26
Pole Vault					5,000-Meter Run				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Time
1.	Marisa Missurelli	Saint Mary's	Sr.	3.56m	1.	Emily Kaegi	Carleton	Sr.	17:22.63
2.	Kendall Novak	St. Thomas	Jr.	3.46m	2.	Amanda Mosborg	Carleton	Fy.	17:35.66
3.	Jalia Anderson	St. Thomas	Jr.	3.46m	3.	Sadie Novak-Klug	Gustavus	Sr.	17:51.44
Long Jump					10,000-Meter Run				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Time
1.	Tori Thompson	St. Catherine	Jr.	5.54m	1.	Samantha Schnirring	Carleton	Jr.	37:17.10
2.	Becca Dup	Saint Mary's	Jr.	5.53m	2.	Morgan Pierce	Saint Benedict	Jr.	37:24.32
3.	Steph Kretlow	St. Thomas	So.	5.21m	3.	Emma Greenlee	Carleton	Fy.	37:34.25
High Jump					100-Meter Hurdles				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Time
1.	Erica Blackett-Thomas	Carleton	Fy.	1.70m	1.	Gabrielle Brown	Hamline	Jr.	14.36
2.	Grace Bordson	St. Thomas	Jr.	1.64m	2.	Anna Futterer	Hamline	Sr.	14.57
3.	Alexandra Anderson	Gustavus	So.	1.56m	3.	Brielle Bierman	St. Thomas	Sr.	14.65
Triple Jump					400-Meter Hurdles				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Time
1.	Becca Dup	Saint Mary's	Jr.	11.70m	1.	Mallory Adamson	St. Thomas	Jr.	1:02.51
2.	Damali Britton	Carleton	Sr.	11.19m	2.	Megan Sundstrom	Saint Benedict	Sr.	1:02.65
3.	Megan Sundstrom	Saint Benedict	Sr.	10.87m	3.	Brielle Bierman	St. Thomas	Sr.	1:04.08
4x100-Meter Relay					3,000-Meter Steeplechase				
Place	Name	Institution	Time	Place	Name	Institution	Class	Time	
1.	Delaney McLoone Brielle Bierman Katelyn Marciniak Katie Murray	St. Thomas	48.05	1.	Meg Mathison	Carleton	So.	10:50.91	
				2.	Jena Moody	St. Olaf	Sr.	11:04.28	
				3.	Olivia Rosenow	Gustavus	Sr.	11:14.65	
4x400-Meter Relay					4x800-Meter Relay				
Place	Name	Institution	Time	Place	Name	Institution	Time		
1.	Hannah Sankey Delia Labatt Erin Alpers AddieKay Johnson	Bethel	3:42.53	1.	Abby Sharer Maya Hilty Emily Kaegi Meg Mathison	Carleton	9:24.37		

2018 MIAC Women's Outdoor Track and Field All-Sportsmanship Team

Name	Institution	Class	Hometown High School
Domenica Llerena	Augsburg	Fy.	Columbia Heights, Minn.
Erin Alpers	Bethel	Sr.	Sioux Falls, S.D. Sioux Falls Christian
Abby Sharer	Carleton	Sr.	Millstone Township, N.J. Princeton Day
Karly Mayo	Concordia	So.	Boise, Idaho Timberline
Isabella Klabough	Gustavus	Fy.	Elysian, Minn.
Mariah Gallagher	Hamline	Sr.	Lakeville, Minn. Lakeville South
Carmen Garson-Shumway	Macalester	Sr.	Hilo, Hawaii
Haley Anderson	Saint Benedict	Jr.	Sartell, Minn. Sartell-St. Stephen
Teagan Tretter	St. Catherine	So.	Kronenwetter, Wis. DC Everest

Bailey Joens	Saint Mary's	So.	Osage, Iowa
Jordan Lutz	St. Olaf	Sr.	St. Paul, Minn. Mahtomedi
Julia Giefer	St. Thomas	Sr.	Nicollet, Minn.